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UNIVERSITY OF DELHI

SEMESTER EXAMINATIONS — DECEMBER 2026

Date-Sheet for B.Sc. Physical Education, Health Education & Sports (NEP-UGCF-2022) Part 1, 2, 3 & 4

(I/III/V/VII Semester) Examination December 2026

TIME OF COMMENCEMENT: 09:30 AM TO 12:30 PM

DATE OF EXAM: 4TH DECEMBER, 2026 (FRIDAY) | TYPE: DISCIPLINE SPECIFIC CORE-13

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
04-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2552053501	ORGANISATION AND ADMINISTRATION IN PHYSICAL EDUCATION AND SPORTS

DATE OF EXAM: 5TH DECEMBER, 2026 (SATURDAY) | TYPE: DISCIPLINE SPECIFIC CORE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
05-12-2026	09:30 AM	PHYSICAL EDUCATION	7	2552054701	STRENGTH AND CONDITIONING

DATE OF EXAM: 7TH DECEMBER, 2026 (MONDAY) | TYPE: DISCIPLINE SPECIFIC CORE-1

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
07-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051101	HISTORY AND FOUNDATIONS OF PHYSICAL EDUCATION

DATE OF EXAM: 8TH DECEMBER, 2026 (TUESDAY) | TYPE: DISCIPLINE SPECIFIC CORE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
08-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052301	KINESIOLOGY

DATE OF EXAM: 9TH DECEMBER, 2026 (WEDNESDAY) | TYPE: DISCIPLINE SPECIFIC CORE-14

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
09-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2552053502	FUNDAMENTALS OF SPORTS NUTRITION

DATE OF EXAM: 10TH DECEMBER, 2026 (THURSDAY) | TYPE: DISCIPLINE SPECIFIC CORE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
10-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052302	EXERCISE & SPORTS PSYCHOLOGY

DATE OF EXAM: 11TH DECEMBER, 2026 (FRIDAY) | TYPE: DISCIPLINE SPECIFIC CORE-2

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
11-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051102	ANATOMY AND PHYSIOLOGY

DATE OF EXAM: 12TH DECEMBER, 2026 (SATURDAY) | TYPE: DISCIPLINE SPECIFIC CORE-15

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
12-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2552053503	ATHLETE CARE AND REHABILITATION

DATE OF EXAM: 14TH DECEMBER, 2026 (MONDAY) | TYPE: DISCIPLINE SPECIFIC CORE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051103	ATHLETICS
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051104	BADMINTON
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051105	BASKETBALL

DATE OF EXAM: 14TH DECEMBER, 2026 (MONDAY) | TYPE: DISCIPLINE SPECIFIC CORE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051106	CRICKET
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051107	FOOTBALL
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051108	GYMNASTICS
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051109	HANDBALL
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051110	HOCKEY
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051111	JUDO
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051112	KABADDI
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051113	KHO-KHO
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051114	VOLLEYBALL
14-12-2026	09:30 AM	PHYSICAL EDUCATION	1	2552051115	YOGA

DATE OF EXAM: 15TH DECEMBER, 2026 (TUESDAY) | TYPE: DISCIPLINE SPECIFIC CORE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052303	ATHLETICS
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052304	BADMINTON
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052305	BASKETBALL
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052306	CRICKET
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052307	FOOTBALL
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052308	GYMNASTICS
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052309	HANDBALL

DATE OF EXAM: 15TH DECEMBER, 2026 (TUESDAY) | TYPE: DISCIPLINE SPECIFIC CORE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052310	HOCKEY
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052311	JUDO
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052312	KABADDI
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052313	KHO-KHO
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052314	VOLLEYBALL
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052315	YOGA
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2552052316	PROFESSIONAL PREPARATION AND CAREER ANEVENUES IN PHYSICAL EDUCATION AND SPORTS
15-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052019	KABADDI

DATE OF EXAM: 16TH DECEMBER, 2026 (WEDNESDAY) | TYPE: DISCIPLINE SPECIFIC ELECTIVE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055023	ATHELETICS
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055024	BADMINTON
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055025	BASKETBALL
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055026	CRICKET
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055027	FOOTBALL
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055028	GYMNASTICS
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055029	HANDBALL
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055030	HOCKEY

DATE OF EXAM: 16TH DECEMBER, 2026 (WEDNESDAY) | TYPE: DISCIPLINE SPECIFIC ELECTIVE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055031	JUDO
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055032	KABADDI
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055033	KHO-KHO
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055034	VOLLEYBALL
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055035	YOGA
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055036	SWIMMING
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055037	WRESTLING
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055038	TABLE TENNIS
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055039	SPORTS JOURNALISM
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055040	SPORTS FACILITY PLANNING AND MANAGEMENT
16-12-2026	09:30 AM	PHYSICAL EDUCATION	5	2553055041	RESEARCH METHODS IN PHYSICAL EDUCATION AND SPORTS

DATE OF EXAM: 18TH DECEMBER, 2026 (FRIDAY) | TYPE: DISCIPLINE SPECIFIC ELECTIVE / GENERIC ELECTIVE

DATE OF EXAM	START TIME	SUBJECT	SEMESTER	UNIQUE PAPER CODE	DESCRIPTION
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052010	ATHELETICS
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052011	BADMINTON
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052012	BASKETBALL
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052013	CRICKET
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052014	FOOTBALL

DATE OF EXAM: 18TH DECEMBER, 2026 (FRIDAY) | TYPE: DISCIPLINE SPECIFIC ELECTIVE / GENERIC ELECTIVE					
DATE OF EXAM	**START TIME**	**SUBJECT**	**SEMESTER**	**UNIQUE PAPER CODE**	**DESCRIPTION**
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052015	GYMNASTICS
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052016	HANDBALL
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052017	HOCKEY
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052018	JUDO
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052019	KABADDI
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052020	KHO-KHO
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052021	VOLLEYBALL
18-12-2026	09:30 AM	PHYSICAL EDUCATION	3	2553052022	YOGA

Note

*** All information related to the datesheet, including modifications and updates, shall be notified only on the official website of the University of Delhi.**

Delhi, 27 October 2026

